



DOUBLE DARE

3rd grade

60 minute Classroom Program \$7 Per Child

Spin the wheel to discover incredible facts about the anatomy and physiology of the lungs, kidneys, bones, stomach and muscles as HealthWorks! takes your students on an amazing tour through the human body. Students love the friendly competition and stay completely engaged, as wild props and crazy challenges are used to give insight into the workings of the human body. By the end of this program, participants will be on their feet or doubled over with laughter as learning comes to life!

Two hour Field Trip Experience includes:

Classroom Program, Fun-tastic Exhibit Floor, and Interactive Brain Theater

DOUBLE DARE meets the following Mississippi State Health and Science Common Core Standards:

Mississippi State Health Standards

- Competency 1:** Comprehend concepts related to health promotion and disease prevention to enhance health. (D, PH, N, H) NHES 1
Sub-Competencies:
- Recognize and describe the relationship between personal health behaviors and individual well-being.
- Competency 2:** Analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors. (M) NHES 2
Sub-Competencies:
- Analyze how the media influences thoughts and feelings about healthy behavior.
- Competency 3:** Demonstrate the ability to access valid health information and products and services to enhance health. (C, S, CH) NHES 3
Sub-Competencies:
- Identify and discuss hazardous products.

(continued)

**HealthWorks!
219 S. Industrial Road, Tupelo, MS 8801
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State health standards (continued)

Competency 5: Demonstrate the ability to use decision-making skills to enhance health. (N, PH, H, S, SA) NHES 5

Sub-Competencies:

- Communicate information that promotes positive health choices (e.g., nutrition, physical activity, drug use, peer choices.)

Competency 7: Demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks. (PH, S, SA) NHES 7

Sub-Competencies:

- Demonstrate ways to avoid and reduce threatening or stressful situations.

Competency 8: Understand the importance of demonstrating the ability to advocate for personal, family, and community health. (C, PH, F) NHES 8

Sub-Competencies:

- Describe characteristics needed to be a responsible friend and family member.

Common Core Science Standards: Life Science Strand

Regulation and Behavior:

- 3b. Identify and describe the purpose of the digestive, nervous, skeletal, and muscular systems of the body. (DOK 1)

Depth of Knowledge (DOK)

Mississippi Department of Education Contemporary Health (K-8) Content Strands/Topics:

Personal Health and Consumer Health (PH) (CH) Nutrition and Fitness (N)

Mental Health (M) Substance Abuse Prevention (SA)

Family/Social Health (F) Community and Environmental Health (C)

Human Growth and Development (H) Safety and First Aid (S)

Disease Prevention and Control (D) National Health Education Standards (NHES)